

Changing your sex designation on your birth registration and birth certificate

How to change your sex designation on your Ontario birth registration and birth certificate

The process you follow to change your sex designation will depend on your age. If you are age:

- 15 or under, you will apply as a child,
- 16 or 17, you can choose to apply as an adult **or** as a child, or
- 18 or older, you will apply as an adult.

As an adult, to change your sex designation you will need:

- your birth to have been registered in Ontario
- to be 16 years of age or older
- an [Application for Change of Sex Designation on a Birth Registration of an Adult](#)
- a [Payment Form](#)
- a [Statutory Declaration for a Change of Sex Designation on a Birth Registration of an Adult](#)
- a letter signed by a practicing physician or psychologist (including a psychological associate) authorized to practise in Canada that includes the statements necessary to support your request ([see application cover sheet for instructions](#)). In some cases, alternatives to the required letter may be acceptable
- all previously issued birth certificates and certified copies of your birth registration
- an [application form for a birth certificate](#) submitted with applicable fees

As a child, to change your sex designation you will need:

- your birth to have been registered in Ontario
- to be 17 years of age or under
- an [Application for Change of Sex Designation on a Birth Registration of a Child](#) completed by a person with legal custody (e.g., a parent)
- a [Payment Form](#)
- a [Statutory Declaration for a Change of Sex Designation on a Birth Registration of a Child](#) completed by a person with legal custody (e.g., a parent)
- a [consent form](#) providing written consent of the child
- a [consent form](#) providing consent of all persons with legal custody of the child
- [proof of notice](#) to all persons with legal access to the child
- a letter signed by a practising physician or psychologist (including a psychological associate) authorized to practise in Canada that includes the statements necessary to support the child's requested change ([see application](#)

[cover sheet for instructions](#)). In some circumstances, alternatives to the required letter may be acceptable

- all previously issued birth certificates and certified copies of your birth registration
- an [application form for a birth certificate](#) submitted with applicable fees

Mail your documents to:

Office of the Registrar General
P.O. Box 3000
189 Red River Rd, 3rd Flr
Thunder Bay, ON P7B 5W0

If you require a form in an alternate format or with a communication support, please contact ServiceOntario:

- Toll-free: 1-800-461-2156
- Toronto: 416-325-8305
- TTY Toll-free: 1-800-268-7095
- TTY Toronto: 416-325-3408

Source: <http://www.ontario.ca/government/changing-your-sex-designation-your-birth-registration-and-birth-certificate>